

7 Simple Steps to Complete your HRA

Did you know that by simply completing your BCBS HRA you will:

- Earn a \$500 Health Insurance Plan Credit to reduce your deductible
- Earn 2500 BCBS Life Points that can be used for great prizes*

* Completing the BCBS HRA earns 2500 Life Points which can be used to purchase a music CD and other great awards.

7 Simple Steps

(1) Make an appointment with your family physician

(2) Request the following data from your physician during or after the visit:

- Blood Pressure Systolic/Diastolic
- Resting Heart Rate
- Total Cholesterol
- HDL
- LDL
- Triglycerides
- Glucose



(3) Set aside 15-20 minutes and have the information listed above with you, then go to: <http://www.bcbsil.com/>



BlueCross BlueShield
of Illinois



Ask IVYSM
our virtual assistant



Insurance Basics

Shop Plans & Products

Find a Doctor or Hospital

Member Services



Saved Quotes

Log In



Final Days to Enroll for 2015 Coverage

Open Enrollment Ends February 15th

Enroll Now



(4) Click on "Login"

(5) Under “Quick Links” (middle right-hand side of screen), Click on “Health Assessment”

Home My Coverage Claims Center My Health Doctors & Hospitals Forms & Documents blueaccess
for Members

Welcome **AMY BROOKE!** Last login 02/09/2015

Message Center
You have 0 new messages.

- 10/31/2014 Formulary
- 10/23/2014 Medication
- 10/20/2014 Medication

[View all messages](#)

MY COVERAGE

Plan Type: PPO+ Group Number: P35155
ID Number: XOF832168920

In Network Benefits

Medical Copays

EMERGENCY ROOM COPAY	\$200
LIFETIME MAXIMUM	No Limit
PREAUTHORIZATION PENALTY	\$1,000
DEDUCTIBLE PER FAMILY	\$6,000
DEDUCTIBLE PER INDIVIDUAL	\$2,000

[View medical benefits >](#)

Prescription Drug Copay

Quick Links

- Well onTarget
- Health Assessment**
- Get a Temporary ID Card
- Fitness Program
- Connect
- [View all quick links](#)

Stay Updated

I CHOSE BLUE
BlueCross BlueShield of Illinois

Autism is a aroud of

Well onTarget® En español

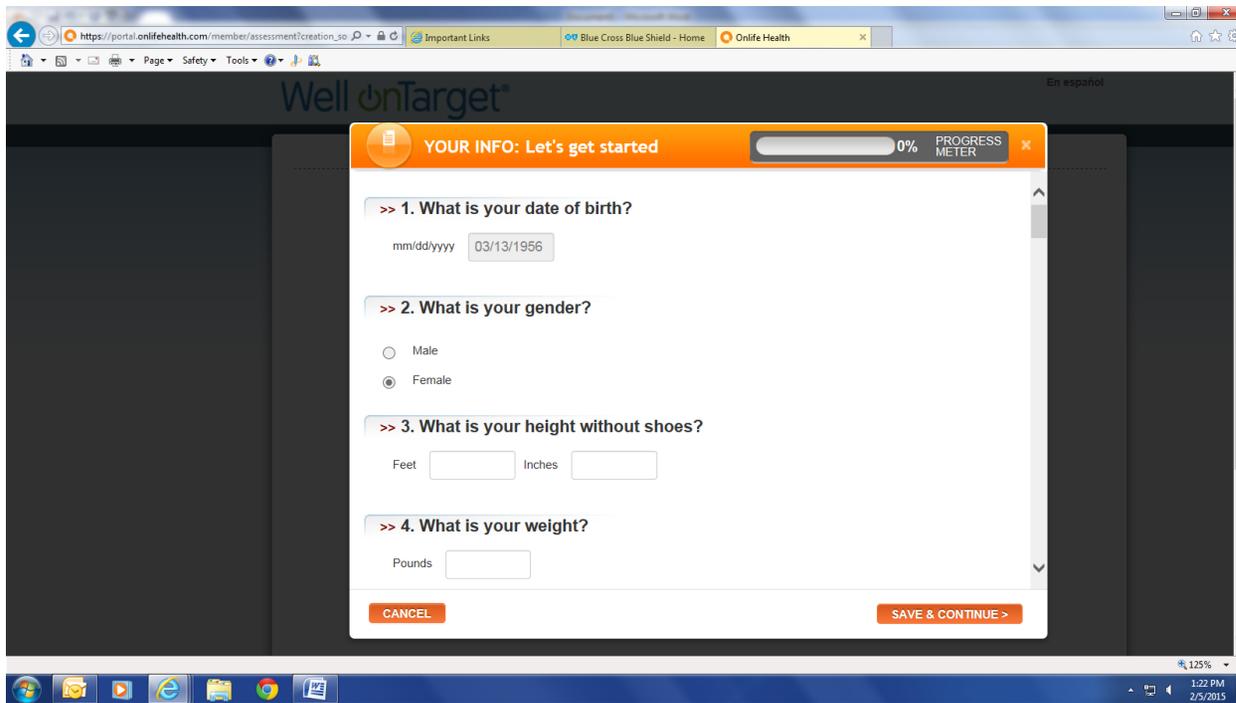
NEXT STEPS

Welcome, **TERESA**! Completing the below activity will help you get the most out of the site and achieve the best results in your wellness program.

[GO TO DASHBOARD](#) [I don't want to do this now. Please remind me later.](#)

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(6) Click on “CLICK HERE TO TAKE YOUR HEALTH ASSESSMENT”



(7) Complete your Health Assessment and earn 2500 Life Points and receive a \$500 credit on your 2015 health insurance deductible.