

Minutes of the Behavioral Health Coordinating Council

The Behavioral Health Coordinating Council Committee met on Friday, March 9, 2018, at 7:30 AM in Room 400 of the Government Center, 115 East Washington Street, Bloomington, IL.

Members Present: Chairperson John McIntyre; Honorable Elizabeth Robb, retired Chief Circuit Judge; Ms. Christina Bryant, Country financial; Ms. Donna Schoenfeld, Illinois State University; Ms. Sonja Reece, McLean County Board of Health; Ms. Laurette Stiles, State Farm; Mr. Mark Jontry, Regional Office of Education; Ms. Laurie Wollrab, McLean County Board; Ms. Diane Schultz, The Baby Fold; Mr. Kevin McCarthy, Town of Normal; Ms. Joni Painter, City of Bloomington; Mr. Tom Barr, Center for Human Services; Ms. Stephanie Barisch, Center for Youth and Family Solutions; Ms. Tosha Maaks; Ms. Camille Rodriguez, McLean County Health Department; Ms. Joan Hartman, Chestnut Health Systems

Members Absent: Ms. Colleen Kannaday, Advocate BroMenn; Ms. Lynn Fulton, OSF St. Joseph Medical Center; Ms. Karen Zangerle, PATH; Ms. Laura Furlong, MARC First

Staff Present: Mr. Bill Wasson, County Administrator; Ms. Amy Brooke, Recording Secretary, County Administrator's Office

Department Heads/
Elected Officials
Present:

Ms. Susan Schafer, McLean County Board

Others Present: Ms. Deb White, MCCA

Meeting was called to order at 7:35 AM.

Chairman McIntyre welcomed Ms. Laurie Wollrab as a representative from the McLean County Board. He introduced Ms. Camille Rodriguez, Administrator of the McLean County Health Department.

Motion by Reece/Jontry to approve minutes from December 8, 2017 regular meeting.

Motion carried.

Chairman McIntyre stated that he has had two Chairman's Roundtables concerning housing. The numbers presented in the handouts are informal numbers taken from

information shared at those meetings. Housing is a key component in the projects the community is working towards. It is more than housing first. It must also include case management.

Chairman McIntyre shared that two of the main complications are location and services. Scattered site housing is likely the best and most efficient way for the project to go. He has received numbers from the local shelters as to available housing.

Chairman McIntyre introduced Deb White from MCCA.

Ms. White shared about Mayor's Manor. She stated that they had a fire in March 2017. All 26 of the units are again filled. The residents and staff are pleased with the renovations after the fire. It continues to be a challenge financially. However, the case management is going well. Providing base housing along with life skills and supportive services is a great strategy. Mayor's Manor partners with CHS and Chestnut for specialized services.

Mr. Barr expressed appreciation for the County Board's commitment not only for providing behavioral health services but also the recognition that there are multiple issues that need to be addressed when serving the most vulnerable in the community. Mr. Barr shared that Mayor's Manor is having a fundraiser tonight.

Ms. Hartman shared that Chestnut has 18 scattered sites. Two of the units are family units. Case management, counseling, and substance use disorder treatment are provided. In the Madison County area, there are 220 units.

Chairman McIntyre asked if the scattered site or the on-site housing were more manageable.

Ms. Hartman stated that they both have worked. It is dependent on the population. The more severe the illness the better they do in the group setting where there is more than one unit with a staff on site. Those who are more independent can do very well in the scattered site situations.

Mr. Barr shared agreed that some individuals will need a significantly longer or higher monitoring of residential services based on the severity of their illness. When looking at transitioning out to greater independence, the idea of the scattered sites offer advantages over a traditionally residential program. If structured well, residents may be able to stay in that apartment site and develop an on-going relationship with a landlord once they are able to cover their costs independently.

Ms. Barisch asked if there were discussions about family housing.

Mr. McIntyre stated that it did come up and that it has to be a possibility.

Mr. McIntyre stated that the conclusion from the roundtables is that housing is not the only issue. Case management and service providers are essential. That requires a buy-in from many people. With the help of the Corporation of Supportive Housing, we feel

that a pilot project is possible. Pay For Success (PFS) would likely be necessary. That requires good data that can show that objectives have been met.

Mr. Wasson shared about the current state of the partnership with the Corporation of Supportive Housing and PFS. The project being developed concentrates on super utilizers and would incorporate housing and services for these individuals. Rough numbers for the cost of the program and cost avoidance related to current expenditures in the community have been developed. Over the next three months providers will be contacted to fine tune the local cost as they relate to cost avoidance. Currently the numbers are built on national averages. However, there may be some components that are inconsistent in the community or regionally.

The program is estimated to grow from 10 individuals in year one to 30 individuals in year three. At that point, the program is anticipated to be operational at that level. Anything beyond this program will take a new analysis to scale for a much larger population.

As the system grows, some efficiencies will be experienced. We will begin to drive the cost for those specific individuals moving forward.

Part of the proposal relies on investors investing on the front end of the program to provide many of the services. If we are successful in achieving the post-intervention reduction in cost to the community, those investors will be paid back in incentives to recognize that investment and the savings to the community entities. A four year cost for the program is ball parked at three million. Gross cost saving and value to the community adds an additional three million to the program.

The program length provided for is four years. The fifth year is to provide for the ability to analyze. The assumption is that this will be a continuing program within the community.

The assumption is that only half of the program cost will be provided with PFS funding. The remainder will come from the County through the shared sales tax initiative and other non-PFS such as Medicare reimbursement. We are not projecting any non-PFS housing funding for this project.

The Chairman's Roundtables have been active in discussion regarding obtaining additional housing vouchers specific to this program. A couple of grant opportunities through federal agencies have been identified.

The cost benefit analysis projects the cost per person per year to be over \$59,000. The post intervention cost per year is projected to be \$23,000. The savings that is experienced includes both homeless services, criminal justice system, and the health care system. Currently, these are built on national averages. We will need local providers' assistance to work on assumptions so that the model is built on and local costs.

The current per arrest cost that has been assigned is \$50. The State of Illinois has one of the highest cost for arrests in the country. This is directly related to the cost of

personnel. The \$50 number will increase. The good news on that is that the increase will reflect additional savings to the community on this project.

The hope is to have firmer numbers in place when the Behavioral Health Coordinating Council reconvenes in three months. This will be done with the assistance of the providers.

The proposal breaks down the pre-intervention costs on an individual basis for each super utilizer. These are super utilizers with behavioral health challenges for which we are providing analysis.

Mr. Wasson presented cost drivers related to specific categories. These were weighted to the impacts of different populations. This was provided by the Corporation for Supportive Housing.

The average rent for a one bedroom apartment listed in the proposal is \$659. This may be light for our community. Work needs to be done to assess the impact of multi-residents in single homes. SSI amounts need to be assessed for tenant rent contribution based on income and what percentage of users have no income.

Along with housing, Intensive team based management makes up the largest part of the cost. This is a national average for these programs as provided by CSH. We will be speaking with current providers of team based case management to assess if this number needs to be adjusted.

Data tracking and legal costs are additional cost items. Data tracking is necessary for the PFS model. This allows us to provide investors with results related to their investment as well as end payers to know that savings have been experienced. The cost of legal support is general in the context of working with individuals in the context of housing and support on an annual basis as individuals are introduced into the system.

Chairman McIntyre acknowledged that this is an extremely intricate and complex effort. It will require agreements, in-kind services, technical analysis and support, taking advantage of national foundation and local money and use of the sales tax money. One stumbling block is identifying super utilizers. Information is needed from all levels. The goal is to have things in place to begin implementation by the end of the year.

Mr. Wasson shared that the County has been working with PATH and housing providers on a tool that would integrate criminal justice, E911 data, and housing (HMIS data). This has been done under a grant from the Arnold Foundation. That tool is almost complete. We are meeting with the other 3 jurisdictions from across the country next week. That tool will be completed and will be able to help us identify super utilizers by June. A test data set was emailed to providers this morning. This only contains public information. We would like the providers to be return general information about the data set so that the tool may be verified and improved. Health provider information will be added later.

The County has recently determined that we will be able to host the tool. We will also be able to add additional data sets as necessary.

There are some gaps as we look at super utilizers. Because individuals may be directed to McFarland for treatment, Department of Human Services Mental Health Division, or they may be incarcerated at a state facility for a period of time, they may not show in our data for a period of time. This makes it important to work with the Department of Corrections and the Department of Human Services to strengthen information sharing and have understanding of these individuals.

We are currently responding to a request for information. The Illinois Department of Human Services has identified that McLean County is one of the six counties outside of Cook County that have the highest utilization for unfit to stand trial individuals in the State of Illinois. The Department of Human Services has asked us to share information with them. They are contemplating working with two to three counties on addressing this issue. Some of the things that have been evaluated as part of this are misdemeanor diversion programs and treatment for unfit to stand trial on site.

Mr. Wasson shared that McLean County has been invited by SAMHSA to participate in a best practices implementation academy. This program focuses on the criminal justice system and reducing the number people with mental health and substance abuse disorders in jail. Courtesy of SAMHSA, the Arnold Foundation, and the McCarther Foundation, we will be sending a team to training and participation in the academy on April 17-19th. That team will include Ms. Rodriguez, Judge Foley, Ms. Cassy Taylor, and the County's new BHCC supervisor.

In late fall the BHCC recommended and the County Board approved the authorization to hire BHCC Coordinator. Within the next 30 days we will have an individual in the position. The individual we have obtained has nine years of management and leadership experience in the area of behavioral health services. They have experience operating a super utilizer program within a community for two years. The individual is also a Licensed Clinical Social Worker. Because they have not been able to notify all of their current clients, Mr. Wasson is unable to provide the name at this time. They will begin around April 15th.

Member McIntyre shared that it was a national search. He also shared that a forum will be put together again.

Mr. McIntyre stated that they have not given up on the triage idea. This would help responders. Data continues to be an issue. We are able to identify super utilizers from the criminal justice system. They do stand out in the data.

Ms. Reece announced that there would be a press conference with Congressman Rodney Davis today. His remarks will address the Opioid crisis. He is putting forth new

legislation to help prevent misuse of drugs. It will involve an extra precautionary step at the pharmacy.

Meeting adjourned at 8:30 AM.

Respectfully submitted,

A handwritten signature in cursive script that reads "Amy L. Brooke".

Amy L. Brooke
Recording Secretary