

## Minutes of the Behavioral Health Coordinating Council

The Behavioral Health Coordinating Council Committee met on Friday, September 13, 2019, at 7:30 AM in Room 400 of the Government Center, 115 East Washington Street, Bloomington, IL.

Members Present: Chairman John McIntyre; Ms. Sonja Reece, McLean County Board of Health; Ms. Stephanie Barisch, Center for Youth and Family Solutions; Mr. Mark Jontry, Regional Office of Education; Mr. Tom Barr, Center for Human Services; Ms. Susan Schafer, McLean County Board; Ms. Elizabeth Robb; Ms. Joni Painter, City of Bloomington; Ms. Karen Zangerle, PATH; Mr. Kevin McCarthy, Town of Normal; Ms. Colleen Kannaday, Advocate BroMenn; Mr. Dave Sharar, CEO, Chestnut Health Systems; Judge Rebecca Foley; Ms. Laura Furlong, MARC First; Mr. Eric Thome, State Farm; Ms. Lisa Thompson, Project OZ; Colleen O'Connor, NAMI Mid-Central Illinois; Kristin Adams, Country Financial

Members Absent: Ms. Diane Schultz, The Baby Fold; Ms. Donna Schoenfeld, Illinois State University; Ms. Lynn Fulton, OSF St. Joseph Medical Center;

Staff Present: Ms. Trisha Malott, Behavioral Health Coordinating Council Supervisor; Ms. Julie Morlock, recording secretary; Ms. Tammy Brooks, McLean County Health Department; Ms. Cassy Taylor, Assistant County Administrator

Others Present: Ms. Judy Buchanan and Ms. Corey Tello, McLean County Board of Health

Chairman John McIntyre called the called to order at 7:35 AM.

Chairman McIntyre presented the minutes from the June 14, 2019 meeting for approval.

Motion by Reece/Robb to approve minutes from June 14, 2019 regular meeting.

Motion carried

Chairman McIntyre asked the new members of the County to introduce themselves. Eric Thome, State Farm, Director of Health and Welfare Benefits; Lisa Thompson, Project Oz, Executive Director; Colleen O'Connor, Executive Director, NAMI Mid-Central Illinois; and, Kristin Adams, COUNTRY Financial, Director, Total Rewards and Shared Services, each provided personal and professional history to the Council. Chairman McIntyre recognized and thanked Ms. Amy Hancock for her assistance with the Health Department grant applications and welcomed Triage staff.

Mr. McIntyre asked Ms. Judy Buchanan and Ms. Corey Tello of the McLean County Board of Health to come forward and provide an update on their Mental Health Advisory Board. Ms. Buchanan, President of the Board of Health provided an overview of the Board of Health as it relates to mental health funding. She stated the Mental Health Advisory Board was created through State mandated legislation several decades ago, which allowed McLean County to tax an additional 5 cents for mental health services. She indicated they have people who

represented first responders, schools, mental health professional, legal experience and have lived experience on the Board. She indicated that two years ago they put together an ad hoc funding committee to evaluate the funding process. She stated the Committee asked those receiving grants to track progress and to determine if funding was meeting the needs it had been designed to meet. She said the new process is in place with identified focus areas including crisis hotline, mobile crisis, problem solving courts, youth suicide prevention, youth substance abuse, adult psychiatry, embedded school program and promoting positive child and parent relationships. She stated the Committee spelled out expectations and developed a notification of funding opportunities process. She went over the process that included where the requestor needed to state their objectives and how they planned to meet those objectives. She said the applications are reviewed by focus area and then the information and a recommendation is made to the Board of Health who approves the grants. She said they felt this met their goal to have the process become more accountable, and would demonstrate that the tax dollars are serving the people at need. She stated that they felt this would set expectations with grantees to collaborate, use best practices and explore additional sources of revenue.

Ms. Tello provided information on the embedded schools program. She also stated that while requestors before gave outcomes and objectives, now it was the Board of Health setting those outcomes in the RFPs. She provided a handout to the Council. She provided history of Mental Health Action Plan that included a youth section with a recommendation gaps needed to be filled in, as services are not comprehensive and continued across all levels. She said they did survey to all educators in McLean County and responders indicated they did not feel competent or confident to meet the increasing number and intensity of behavioral health needs of the youth they were working with which also included feeling they were not adequately equipped nor knew how to make a referral or access services. She said the embedded school project was developed to try to address these concerns. It was a three-year pilot from January 2017 – December 2019. She stated that the Center for Human Services and Chestnut Health Systems provided therapists in schools with the highest socio needs index. She mentioned schools in the program including Olympia and Ridgeview year one, then added Parkside Junior High from Unit 5 and Bloomington Junior High from District 87 and this year added Fox Creek Elementary school. She said they wanted to include town and rural as well as big and small and all levels of education from Elementary to High School. She said goals were to make sure students and families have greater access to behavioral health services, educators felt better supported to meet needs of youth and to gather data through three-year cycle to inform practice going forward. Ms. Tello stated pilot was funded through tax dollars with the last two years additional funding from Health Department and agencies billing Medicaid and private insurance. She provided numbers including first year serving 116 students and by June of 2019 serving 365 youth with services continuing through the summer months. Ms. Tello indicated that providers had been in schools before but this allowed them to be in schools for longer periods of time and become part of the school community. She also mentioned they have quarterly reporting but are working to set up a more in-depth reporting system to make sure they're meeting needs. She said they hired someone to handle evaluation of all

information across all schools. Ms. Tello indicated they did meet goals, some more than others and she summarized outcomes. She stated overall recommendation was this is a great program that needed to be continued.

Mr. Jontry stated Ms. Tello did a good job letting the Council know what it has meant to the schools, but stated they are always craving additional resources to serve their students. He said good part of this project was they were able to integrate into the school, which made it very effective, and now other schools want these services. Mr. Barr stated they were thrilled to be involved in the project. He said that while they had people in the schools before being able to integrate has expanded delivery of services in the schools and in the community throughout the year, which is great for continuity of care.

Mr. McIntyre turned the floor over to Ms. Malott to provide initiative and partnership updates. Ms. Malott provided the Council with an update on the FUSE and Triage Programs. She indicated that staff attending today represent both programs. Ms. Reece asked her to provide a definition of FUSE and some history for new members. Ms. Malott said she would provide an acronym sheet to new members. She then provided definition of FUSE system and history of identifying individuals and services to be provided. She said staff has been in place for about 5 weeks and have been going through training. She thanked agencies and individuals in the community, both in the room and those not in the room, for providing training or opening their doors for a tour or discussion of their agencies and their resources. She said for FUSE they have a staff partnership in place with Chestnut to provide a substance use case manager as well as the recovery support specialist. She indicated they have been in weekly discussions about the partnership. She said they are awaiting identification of the Bridgeway Employment Specialist, but hoped to have someone to dedicate to the program in the next few weeks. She stated that they are in the interview process for a nurse for FUSE program and hope to be able to share the nurse position with other programs, such as Triage Center, if needed and time permits. Ms. Malott stated they are still meeting with participants or possible participants.

Ms. Malott provided an update for Triage Center stating staff is hired and are in training and construction is in process. She stated they would wait to provide a final opening date announcement until construction was complete and would provide marketing materials at that time as well. She indicated she is working with the County Communication Specialist on how to best get information out to the Community. She indicated they would be using the same crisis intervention note that mobile crisis, CRU and the hospitals are using so there is continuity. She also provided information on the Triage center for new members indicating it is a 24/7 walk-in facility for individuals experiencing a behavioral health crisis to serve as a diversion from the hospitals and the justice system. She indicated they would be referring to Mobile Crisis, CRU and hospitals based on needs assessment and that law enforcement system will also have the option present someone to the Triage Center.

Ms. Colleen Kannady asked about timing for the Triage Center to open. Ms. Malott indicated they hoped to be open by the end of the year. Mr. Sharar asked about FUSE program

evaluation process for before and after program analysis. Ms. Malott indicated they have created an extensive list of data that will be collected so they can provide proof of concept, as they want to show that this model does reduce Emergency Department visits, shelter bed days and public cost. She stated they would be looking at 18 months' worth of data prior to first visit so we can measure improvement. Mr. Sharar asked there would be psychiatric prescribing while patients are in Triage Center. Ms. Malott indicated there would not be a prescriber, but stated one of the conversations is with a company called Cloud 9 to provide in the moment/on demand psychiatry. She stated they first want to work on the gap and diverting from the jail and Emergency Departments. Mr. Sharar asked about maximum stay. Ms. Malott confirmed 23 hours. Ms. Reece asked her to confirm no beds. Ms. Malott confirmed no beds.

With regard to the NYU law enforcement-screening tool, Ms. Malott stated that NYU lead researchers came to train correction officers and tour the jail. She said pilot officially started in August with 93 matches to date for the study. She reminded them that the study would end when they reached 400 matches and figured the study would be done in about 4-6 weeks based on booking numbers in the past. She stated we would not get information until NYU receives all information and it is analyzed. She stated that once she receives information that can be released; she will bring it to the Council. Ms. Schafer asked for clarification on what is actually being matched. Ms. Malott indicated the correctional officer at the time of booking is administering tool that NYU created, which is a series of 14 questions to look at homelessness, mental health and substance use. Then individuals on contract with NYU who are either MSW students or clinicians or staff administer a mini assessment, which is a clinically validated behavioral health-screening tool that identifies diagnosis. She stated to have a match there has to be a complete tool and mini assessment done on each person.

Ms. Schafer asked if this tool is replacing original screening. Ms. Malott indicated it is not replacing anything in the jail process right now. She said tool is intended to be used in the field. Ms. Malott then provided history on McLean County becoming involved in the project. Mr. McIntyre asked if they were going to use Ipads. Ms. Malott indicated if tool is validated, it would be available in multiple forms to incorporate it into systems law enforcement already use.

Ms. Zangerle asked if she could provide more information on tele psychiatry. Ms. Malott indicated they continue to interview psychiatrists through contract with Genoa as we find a match and within a day or two, a person gets in-person offer. Ms. Malott stated she is in touch with Genoa once a week and has an interview with a possible match about once a month. Ms. Zangerle asked if the person would be serving individuals in the jail. Ms. Malott indicated the tele psychiatrist is for a stand-alone clinic that individuals will walk into, meet with nurse first and then go into a private office to have their meeting remotely with the psychiatrist. Ms. Malott indicated they have asked for an amendment to the Genoa contract to utilize Genoa for tele-psychiatry in the jail. Mr. Sharar asked if Genoa is also producing Advanced Practiced Nurse prescribers as options or just physicians. Ms. Malott indicated they are offering psych APN's as options. Mr. Sharar asked if the tele psychiatrist was to support FUSE and Triage only or

open to the community as an outpatient clinic. Ms. Malott indicated intent is open to community to supplement resources in the community.

Ms. Malott provided an update on the Behavioral health Community Forum. October 17, 2019 at the Marriott and encouraged them to share the link. She also acknowledged sponsors including OSF St. Joseph, Chestnut Health Systems, Project Oz, Psychology Specialists and Advocate BroMenn. Mr. Barr asked if she was interested in having members help with the Forum. Ms. Malott indicated she would be sending a sign up shortly. Ms. Reece asked that social media be maximized for the Forum and encouraged all members to put it on their web sites.

Ms. Malott reminded them of the Budget process. She indicated that her 2020 budget has been submitted to Administration and will go through the County Board. She indicated there are no new program allocations to this budget.

Mr. McIntyre introduced Ms. Cassy Taylor, new Assistant County Administrator and Dion McNeal, County Communication Specialist. He also reminded members that the next meeting would be Friday, December 13, 2019 at 7:30 a.m. Mr. McIntyre asked if there was anything else to come before the Council; hearing nothing, he adjourned the meeting at 8:51 a.m.

Respectfully submitted,

*Julie A. Morlock*

Julie A Morlock  
Recording Secretary