

553 Board Programs for 2023

The following is a list of programs that the McLean County Board of Health (BoH) allocates funding via grant contracts to community programs to serve individuals that may otherwise not receive Behavioral Health services.

McLean County Center for Human Services - Mobile Crisis

Provide 24-hour on-call assessment/intervention to anyone needing crisis services with the goal of stabilization of individuals in crisis so they can remain safe and improve functioning in the least restrictive environment. Provide linkage to other community resources when appropriate. Conduct "follow-up" services for individuals who have received a face-to-face assessment and were not subsequently hospitalized. Follow-up services consist of client status assessments performed after the initial call. These assessments include appraisals of the client's levels of stress, hopelessness, risk, and symptomatology.

McLean County Center for Human Services -Adult Psychiatric Services

Provide psychiatric services that relieve symptoms of mental illness with the goal of improving an individual's emotional status and functional ability, as well as preventing unnecessary hospitalizations. Specific services include psychiatric evaluation; psychiatric medication management; treatment plan development, review, and modification; medication administration and distribution (daily, weekly, and bi-weekly, or via long acting injections for those individuals who are very ill, or who are non-adherent); facilitation of medication refills; case management, when appropriate.

PATH - 211 Call Center

Provide human service information and referral, including referrals to services like rent assistance, utility assistance, homeless shelters, food pantries, legal aid, and behavioral health services (general counseling, support groups, crisis services). If someone thinking about suicide or who is in a severe mental health crisis calls 211, the operator will de-escalate with the intent to then warm transfer to 988. 211 will be less of a suicide prevention line and focus more strictly on the human services information and referral, which contributes to people's overall wellness. This is the main change from July of 2022 (introduction of 988) and in 2023.

McLean County Court Services: Problem Solving Courts

This program is provided to participants in Problem Solving Courts: Drug Court and Recovery Court. Individual and outpatient substance use and/or mental health counseling, peer support services using recovery coaches, case management, staffing during weekly meetings, and Moral Reconciliation Therapy (MRT) for clients that score high on criminal thinking.

Project Oz-NAMI (National Alliance of Mental Illness) Ending the Silence

ETS is a school-based youth suicide prevention and mental health education program that reduces stigma and increases help-seeking behavior. The program is designed by the National Alliance on Mental Illness (NAMI); program is provided in coordination with Project Oz and NAMI Mid-Central Illinois. This evidence-based program shall teach young people how to recognize early signs of mental illness, practice coping strategies, assist peers and access resources.

Project OZ-Youth Substance Use Prevention

Provide classroom-based substance use prevention education to 6th - 8th grade students utilizing the evidence-based curriculum, Too Good for Drugs (TGFD). TGFD will empower teens to meet the

challenges of junior high school life by addressing complex emotions and situations and work toward the reduction or elimination of youth substance use. Interactive lessons will build protective factors and foster confidence and resistance to the substance use by focusing on goal setting, decision-making, bonding with others, having respect for self and others, managing emotions, effective communication, healthy social interactions, and developing personal and interpersonal skills to resist peer pressure.

The Baby Fold-Healthy Start

Provide a voluntary, free home visiting service that shall provide education and support to families prenatally and minimally through a child's 5th Birthday. Home visiting services are provided using evidenced-based assessment tools and curriculum. During home visits, Family Support Specialists shall model positive parenting skills and provide information on child growth, development, and safety. Staff will actively link participant with community services if a participant screens positive for any of the identified risk factors during screen. Families will quickly be linked to mental health services, early intervention, and community support groups.

Regional Office of Education-Embedded School Programs

Provision of outreach therapy individually and in group modalities, when appropriate. Case management and assistance to students and families with locating and accessing resources in the community as needed. The embedded therapist also collaborates with school personnel, including attending IEP meetings on behalf of the student in the program.