# Youth Outreach Services

### Who We Are

A group of Bachelor's and Master's level counselors and therapists who want to help children and their families be happier and more successful

McLEAN COUNTY
Center for
Human Services

### What We Do:

- Meet with kids in their natural environments (home, school, community) where they are more comfortable
- Offer services to families who might find it difficult to attend appointments in the office setting (due to transportation, work schedules, or other issues)
- Help families to understand and learn coping skills to help their struggling youth.

### How do we help?

- Talk about and explore emotions
- Play therapeutic games and activities
- Increase coping skills
- Utilize Cognitive Behavioral Therapy, Motivational Interviewing, Play Therapy, Trauma Based Cognitive Behavioral Therapy and others.
- Consult with parents, teachers, and other professionals
- Advocate for kids at school

### Who is Eligible?

- Kids ages 4-18 who live in McLean County
- Have the medical card or belong to one of the ACA managed care companies OR do not have insurance/are underinsured and meet the 2015 200% Federal Poverty Guidelines
- Are struggling at home, school, or with legal involvement
- Exhibit increased sadness, anger, attention difficulties, behavior issues, have experienced trauma, or are going through a divorce or other life change

#### For More Information Please Contact:

Nona Waller (Outreach Coordinator/Therapist) at the office or call and ask for the screening department

McLean County Center for Human Services 108 West Market St Bloomington, IL 61701 Website: www.mcchs.org Phone: 309-827-5351 Fax: 309-829-6808 Nona's E-mail: philippe@mcchs.org

### 2016 200% Poverty Guidelines

Annual Earnings				
Family Size	Poverty Guideline			
1	\$23,760			
2	\$32,040			
3	\$40,320			
4	\$48,600			
5	\$56,880			
6	\$65,160			
7	\$73,460			
8	\$81,780			

For households with more than 8 people, add \$4,160 for each additional person per year.

Monthly Earnings				
Family Size	ize Poverty Guideline			
1	\$1,980			
2	\$2,670			
3	\$3,360			
4	\$4,050			
5	\$4,740			
6	\$5,430			
7	\$6,122			
8	\$6,815			

For households with more than 8 people, add \$347 for each additional person per month.

DATE:			
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#### McLean County Center for Human Services 108 West Market Street • Bloomington, IL 61701

## OUTREACH/MENTAL HEALTH JUVENILE JUSTICE PROGRAM REFERRAL FORM

IDENTIFYING DATA	
Youth Name:	
Sex:	Age: School attending:
Address:	Mclean
Apartment/Street	County
City	II_ State Zlp Code
Emergency Contact/Guardian:	ZIP Code
	/ Phone: ( )
Name	Relationship
PRESENTING PROBLEMS/SYMPTOMS (place a check	k mark in the box next to any characteristics displayed by the individual)
Prior diagnosis of schizophrenia or psychosis Prior diagnosis of depression, bipolar, or mania Youth is currently taking psychotropic medication Sad or depressed emotionally Very irritable emotionally Withdraws from or avoids contact with others Sleep difficulties Nightmares Hearing voices or other sounds that are not real DCFS Involvement  RATIONALE FOR REFERRAL/ADDITIONAL COMMI	☐ Bizarre Behavior ☐ Unusual or difficult to follow speech ☐ Strange appearance or mannerisms ☐ Rapid or pressured speech ☐ Extreme grandiosity ☐ Inability to control him/herself
REFERRAL SOURCE INFORMATION Referring Entity CHS STAFF TO COMPLETE BELOW	Person Completing Form Referral Phone
Youth RIN	<b></b>
Screen	Intake
Time and Date	Time, Date, Location